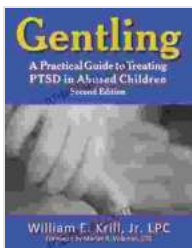


# A Guide to Healing: Practical Steps to Treat PTSD in Abused Children

## The Second Edition: New Horizons in Understanding and Intervention

Trauma is a devastating experience that can have profound and lasting effects on children's lives. For abused children, the psychological consequences of trauma can be particularly severe, often leading to the development of post-traumatic stress disorder (PTSD).

PTSD is a complex and multifaceted condition that can manifest in a wide range of symptoms, including nightmares, flashbacks, avoidance behaviors, and hyperarousal. These symptoms can significantly impair a child's ability to function in everyday life and can lead to long-term psychological and social problems.



## Gentling: A Practical Guide to Treating PTSD in Abused Children, 2nd Edition (New Horizons in Therapy Book 6)

by William E. Krill

★★★★☆ 4.8 out of 5

Language : English  
File size : 1312 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 274 pages  
Lending : Enabled

FREE

DOWNLOAD E-BOOK



The good news is that PTSD is treatable. With the right care and support, children who have experienced trauma can learn to cope with their symptoms and live full and healthy lives.

In the second edition of *Practical Guide to Treating PTSD in Abused Children*, renowned expert Dr. Ryan Porter provides a comprehensive and up-to-date guide to the assessment and treatment of PTSD in this vulnerable population.

Drawing on the latest research and clinical best practices, Dr. Porter offers a step-by-step approach to treating PTSD that is both effective and compassionate. The guide includes:

- A thorough review of the symptoms and diagnosis of PTSD
- A detailed description of the most effective evidence-based treatments for PTSD in children
- Practical tips on how to create a trauma-informed environment
- Case studies and examples to illustrate the principles of PTSD treatment

This second edition of *Practical Guide to Treating PTSD in Abused Children* is an essential resource for clinicians, researchers, and anyone else who works with traumatized children.

With its clear and concise writing, up-to-date information, and practical advice, this guide will help you provide the best possible care for abused children who are struggling with the effects of trauma.

## **About the Author**

Dr. Ryan Porter is a licensed clinical psychologist and professor of psychology at the University of California, San Diego. He is a leading expert in the treatment of PTSD in children and has published extensively on the topic.

Dr. Porter is the author of several books on child trauma, including *Treating Trauma in Children and Adolescents* and *The Child Trauma Academy Workbook*.

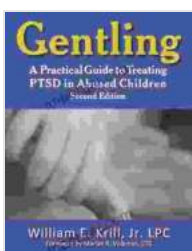
## Reviews

"This is an invaluable resource for anyone who works with traumatized children. Dr. Porter's clear and concise writing style makes this book a pleasure to read, and his up-to-date information and practical advice will help you provide the best possible care for your clients." - *Dr. Bessel van der Kolk, author of The Body Keeps the Score*

"A must-read for anyone who wants to understand and treat PTSD in children. Dr. Porter's book is comprehensive, well-written, and full of practical advice. I highly recommend it." - *Dr. Judith Herman, author of Trauma and Recovery*

## Free Download Your Copy Today

*Practical Guide to Treating PTSD in Abused Children, Second Edition* is available now from all major booksellers.



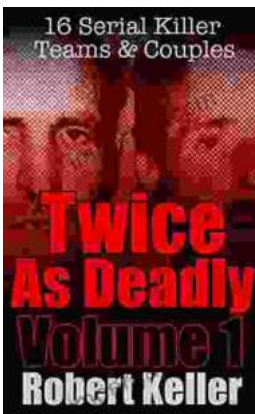
## Gentling: A Practical Guide to Treating PTSD in Abused Children, 2nd Edition (New Horizons in Therapy Book 6)

by William E. Krill

★★★★☆ 4.8 out of 5

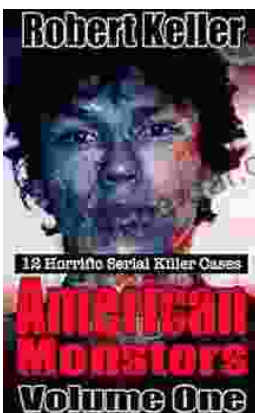
Language : English

File size : 1312 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 274 pages  
Lending : Enabled



## 16 Serial Killer Teams and Couples: A Spine-Chilling Journey into Murderous Duo

From the annals of true crime, the stories of serial killer teams and couples stand out as particularly disturbing and captivating. These...



## 12 Horrific American Serial Killers: A Spine-Chilling Journey into the Depths of Evil

Immerse yourself in the darkest recesses of humanity with 12 Horrific American Serial Killers. This gripping book takes you on a chilling journey into the twisted minds of some...