

Dear John: Living Apart Together - A New Way to Love and Be Loved

LAT is a relatively new relationship style in which couples live in separate homes but maintain a romantic relationship. LAT couples may see each other every day, or they may only see each other on weekends or a few times a week. There are many reasons why couples choose to live apart together, including:

- They want to maintain their independence.
- They have different work schedules or lifestyles.
- They have children from previous relationships.
- They need space to pursue their own interests.

LAT relationships can offer a number of benefits, including:

- **Increased independence:** LAT couples can enjoy the benefits of being in a relationship without giving up their independence. They can come and go as they please, and they don't have to worry about being tied down to someone else's schedule.
- **More time for themselves:** LAT couples have more time to pursue their own interests and hobbies. They can spend time with friends, family, and pets, and they can travel without having to worry about coordinating with a partner.
- **Less conflict:** LAT couples often have less conflict than couples who live together. This is because they have more space and time to

themselves, and they are less likely to get on each other's nerves.

- **Greater appreciation for each other:** LAT couples often appreciate each other more than couples who live together. This is because they have to make a conscious effort to see each other, and they don't take each other for granted.

LAT relationships can also present some challenges, including:



Dear John (Living Apart Together Book 3) by Elise Darcy

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1316 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 370 pages
Lending	: Enabled



- **Loneliness:** LAT couples may feel lonely at times, especially if they don't see each other very often. This is why it is important to have a strong support system outside of the relationship.
- **Communication challenges:** LAT couples may have difficulty communicating with each other if they don't see each other regularly. This is why it is important to establish clear communication channels and to be open and honest with each other.
- **Jealousy:** LAT couples may experience jealousy if they see their partner with someone else. This is why it is important to trust each

other and to set clear boundaries.

- **Financial challenges:** LAT couples may have difficulty managing their finances if they have to maintain two separate households. This is why it is important to discuss financial matters openly and to come to an agreement on how to divide expenses.

If you are considering a LAT relationship, there are a few things you can do to make it work:

- **Be honest with yourself about your needs.** What are your expectations for the relationship? How much time do you want to spend together? How much independence do you need?
- **Communicate openly with your partner.** Talk about your needs and expectations, and be willing to compromise. It is important to be on the same page about what you want from the relationship.
- **Set clear boundaries.** Establish rules about how often you will see each other, how you will communicate, and how you will handle jealousy. This will help to avoid misunderstandings and conflict.
- **Be flexible.** LAT relationships require flexibility. You may have to adjust your schedule or your expectations from time to time. Be willing to compromise and work together to find solutions that work for both of you.
- **Trust each other.** Trust is essential in any relationship, but it is especially important in LAT relationships. You need to be able to trust that your partner is being faithful and that they are committed to the relationship.

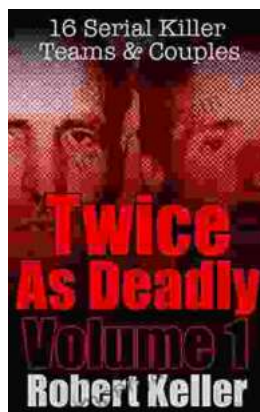
LAT relationships can be a great way to enjoy the benefits of being in a relationship without giving up your independence. However, it is important to be aware of the challenges that LAT relationships can present and to be prepared to work together to overcome them. If you are open and honest with each other, communicate effectively, set clear boundaries, and trust each other, you can have a successful and fulfilling LAT relationship.



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