

Deeply Explore Your Inner Psychic Powers: Survival Guides For Highly Sensitive



Psychic Development and Empath: Deeply Explore Your Inner Psychic Powers (Survival Guides for Highly Sensitive People, Psychic Reiki and Energy Healing

Book 2) by Theresa Clear

★★★★★ 5 out of 5

Language : English
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Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 72 pages
Lending : Enabled



Are you a highly sensitive person (HSP)? Do you feel overwhelmed by the hustle and bustle of the world? Do you find yourself easily drained by the energy of others? If so, you may be wondering if you have psychic powers.

The good news is that you do! All humans have psychic abilities, but HSPs are often more in tune with theirs. This can be a gift, but it can also be a challenge. Without the proper guidance, HSPs can easily become overwhelmed and depleted.

This book is your survival guide to understanding and using your psychic powers. It will help you to:

* Recognize and understand your psychic abilities * Develop your psychic skills * Use your psychic powers to protect yourself from negative energy * Find balance and harmony in your life * Live a fulfilling and empowered life

The Seven Psychic Senses

There are seven main psychic senses: clairvoyance, clairaudience, clairsentience, claircognizance, clairscent, clairgustance, and clairtangency. Each sense corresponds to a different way of receiving psychic information.

- **Clairvoyance** is the ability to see psychic images.
- **Clairaudience** is the ability to hear psychic voices.
- **Clairsentience** is the ability to feel psychic energy.
- **Claircognizance** is the ability to know psychic information without using your physical senses.
- **Clairscent** is the ability to smell psychic scents.
- **Clairgustance** is the ability to taste psychic flavors.
- **Clairtangency** is the ability to touch psychic objects.

Most HSPs have one or two psychic senses that are more dominant than the others. However, it is possible to develop all seven senses with practice.

How to Develop Your Psychic Abilities

There are many different ways to develop your psychic abilities. Some of the most effective methods include:

*** Meditation* Yoga* Tai chi* Qi gong* Reiki* Crystal healing* Tarot reading* Astrology* Numerology**

The best way to find out what works best for you is to experiment with different methods. There is no right or wrong way to develop your psychic abilities. Just find what feels good and stick with it.

Using Your Psychic Powers for Good

Once you have developed your psychic abilities, you can use them to help yourself and others. Some of the ways that you can use your psychic powers for good include:

*** Healing* Counseling* Teaching* Writing* Art* Music* Activism**

The possibilities are endless. Use your psychic powers to make a positive impact on the world.

Psychic powers are a gift. They can help you to understand yourself and the world around you. They can help you to heal yourself and others. And they can help you to make a positive impact on the world. If you are a highly sensitive person, I encourage you to embrace your psychic powers and use them for good.



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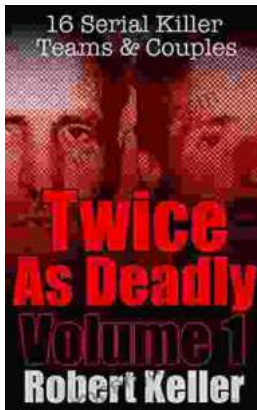
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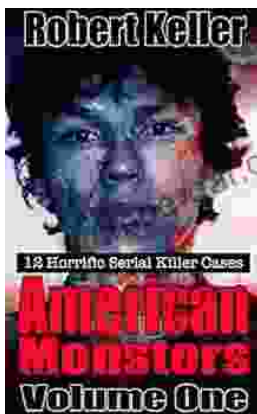
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