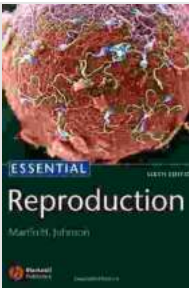


# Essential Reproduction: A Comprehensive Guide to Fertility and Pregnancy



**Essential Reproduction (Essentials)** by Martin H. Johnson

★★★★☆ 4.6 out of 5

Language : English

File size : 121431 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 408 pages

Lending : Enabled



Essential Reproduction is a comprehensive guide to fertility and pregnancy, covering everything from preconception care to birth and beyond. Written by leading experts in the field, this book is an essential resource for anyone trying to conceive, pregnant, or parenting a newborn.

The book begins with a discussion of preconception care, including tips on how to improve your fertility and reduce your risk of birth defects. It then covers all aspects of pregnancy, from early pregnancy symptoms to labor and delivery. The book also includes detailed information on newborn care, including breastfeeding, diapering, and sleep.

Essential Reproduction is a valuable resource for anyone who wants to learn more about fertility and pregnancy. It is written in a clear and easy-to-understand style, and it is packed with helpful information. Whether you are

trying to conceive, pregnant, or parenting a newborn, this book is a must-read.

## **About the Author**

Martin Johnson is a leading expert in the field of fertility and pregnancy. He is a professor of obstetrics and gynecology at the University of Pennsylvania, and he is the author of several books on fertility and pregnancy, including the best-selling book *Essential Reproduction*. Dr. Johnson is a passionate advocate for women's health, and he is committed to providing women with the information they need to make informed decisions about their fertility and pregnancy.

## **Table of Contents**

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- Preconception Care
- Early Pregnancy
- First Trimester
- Second Trimester
- Third Trimester
- Labor and Delivery
- Newborn Care
- Appendix

## **Reviews**

"Essential Reproduction is a comprehensive and authoritative guide to fertility and pregnancy. It is written in a clear and easy-to-understand style, and it is packed with helpful information. I highly recommend this book to anyone who is trying to conceive, pregnant, or parenting a newborn."

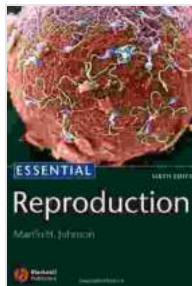
-Dr. Jennifer Ashton, ABC News Chief Medical Correspondent

"Essential Reproduction is a must-read for anyone who wants to learn more about fertility and pregnancy. It is a valuable resource for anyone who is trying to conceive, pregnant, or parenting a newborn."

-The American College of Obstetricians and Gynecologists

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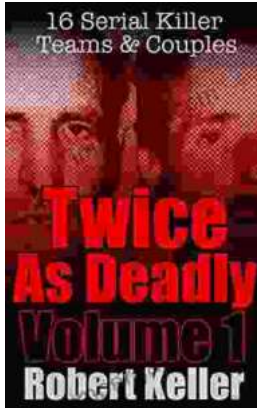
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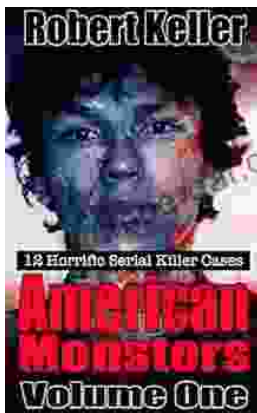
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