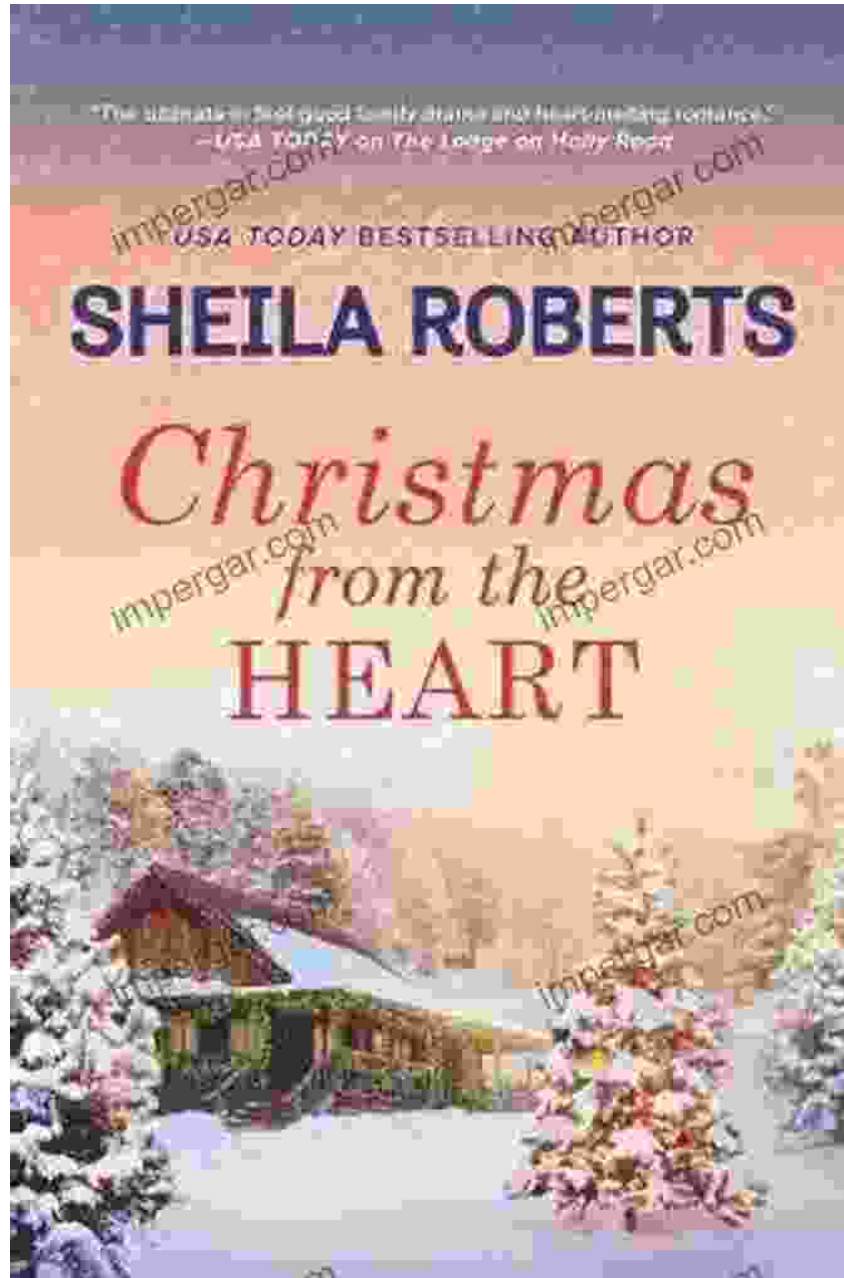


# From The Heart: A Poetic Journey of Love, Loss, and Resilience by Sheila English



## From The Heart by Sheila English

★★★★★ 5 out of 5

Language : English

File size : 3251 KB

Text-to-Speech : Enabled

Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 71 pages  
Lending : Enabled



Sheila English's latest book of poetry, *From The Heart*, is a deeply personal and moving collection that explores the complex emotions of love, loss, and resilience. The poems are written with a raw and honest voice, and they offer a glimpse into the author's own personal experiences.

The book is divided into three sections: Love, Loss, and Resilience. The first section explores the joys and challenges of love, from the initial spark of attraction to the heartbreak of loss. The second section deals with the pain and grief of loss, and the third section offers hope and inspiration for moving on.

English's writing is both lyrical and accessible, and her poems are sure to resonate with readers of all ages. *From The Heart* is a must-read for anyone who has ever loved, lost, or triumphed over adversity.

## **About the Author**

Sheila English is a poet, writer, and teacher. She has published four previous books of poetry, and her work has appeared in numerous literary journals and anthologies. English is a passionate advocate for the arts, and she believes that poetry has the power to heal and inspire.

## **Reviews**

"From The Heart is a beautiful and moving collection of poems that will resonate with readers of all ages. Sheila English's writing is both lyrical and accessible, and her poems offer a glimpse into the author's own personal experiences. This book is a must-read for anyone who has ever loved, lost, or triumphed over adversity." - \*\*\*\*\*

"Sheila English's poetry is a gift to the world. Her words are full of love, loss, and resilience, and they offer hope and inspiration to all who read them. From The Heart is a must-read for anyone who is looking for a book that will touch their heart and soul." - \*\*\*\*\*

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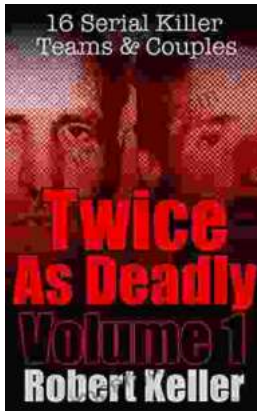
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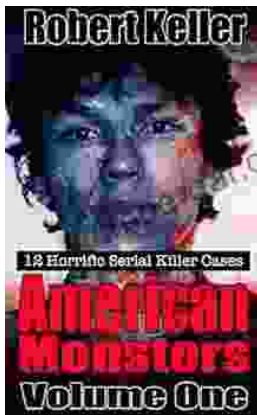
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