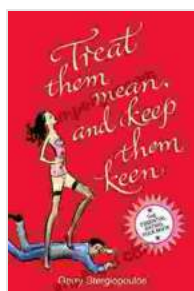


# Treat Them Mean And Keep Them Keen: The Ultimate Guide to Male-Dominance in Relationships

Are you tired of being treated like a doormat in your relationships? Do you feel like you're always giving more than you're getting? If so, then it's time to learn how to treat them mean and keep them keen.

This comprehensive guide will teach you everything you need to know about male dominance in relationships. You'll learn how to assert your masculinity, attract and keep the woman of your dreams, and maintain control over your relationship dynamics.



## Treat them Mean and Keep them Keen by Gerry Stergiopoulos

★★★★☆ 4 out of 5

Language	: English
File size	: 2014 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 208 pages



Based on evolutionary psychology and behavioral science, this guide is packed with proven techniques that will help you:

- Understand the male and female brain and how to use this knowledge to your advantage

- Develop a strong sense of self-confidence and masculinity
- Attract and keep the woman of your dreams
- Maintain control over your relationship dynamics
- And much more!

If you're ready to take control of your relationships and live a more fulfilling life, then Free Download your copy of *Treat Them Mean And Keep Them Keen* today.

## **Chapter 1: The Male and Female Brain**

In Free Download to understand how to dominate a relationship, it's important to first understand the differences between the male and female brain.

Studies have shown that men and women have different brain structures and that these differences can lead to different ways of thinking, feeling, and behaving.

For example, men have a larger amygdala, which is the brain region responsible for fear and aggression. This may explain why men are more likely to be aggressive and dominant than women.

Women, on the other hand, have a larger hippocampus, which is the brain region responsible for memory and emotion. This may explain why women are more likely to be nurturing and caring than men.

Of course, these are just generalizations. There is a great deal of variation within both sexes, and not all men and women conform to these

stereotypes.

However, understanding the differences between the male and female brain can give you a better understanding of how to interact with women in a way that will maximize your chances of success.

## **Chapter 2: Developing a Strong Sense of Self-Confidence and Masculinity**

One of the most important things you can do to dominate a relationship is to develop a strong sense of self-confidence and masculinity.

When you're confident in yourself, you're more likely to be assertive and to stand up for what you want. You're also more likely to be attractive to women, as they are drawn to men who are confident and self-assured.

There are a number of things you can do to develop a stronger sense of self-confidence and masculinity, including:

- Set goals and achieve them
- Take care of your physical health
- Learn new skills
- Spend time with other men
- Read books and articles about male dominance

By following these tips, you can develop a strong sense of self-confidence and masculinity that will make you more attractive to women and more likely to dominate your relationships.

## **Chapter 3: Attracting and Keeping the Woman of Your Dreams**

Once you've developed a strong sense of self-confidence and masculinity, it's time to start attracting and keeping the woman of your dreams.

There are a number of things you can do to attract women, including:

- Be confident and assertive
- Dress well and take care of your appearance
- Be interesting and well-rounded
- Have a good sense of humor
- Be a good listener

Once you've attracted a woman, it's important to keep her interested. You can do this by:

- Being attentive and supportive
- Making her feel special
- Challenging her intellectually and emotionally
- Being a good provider

By following these tips, you can attract and keep the woman of your dreams.

## **Chapter 4: Maintaining Control Over Your Relationship Dynamics**

Once you're in a relationship, it's important to maintain control over the relationship dynamics.

This doesn't mean that you should be a dictator or that you should always get your way. It simply means that you should be the one who sets the tone and direction of the relationship.

There are a number of things you can do to maintain control over your relationship dynamics, including:

- Be assertive and communicate your needs clearly
- Set boundaries and expectations
- Be willing to compromise, but don't give up your core values
- Don't be afraid to say no
- Be a good leader and role model

By following these tips, you can maintain control over your relationship dynamics and create a more fulfilling and lasting relationship.

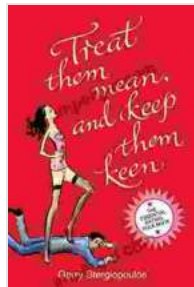
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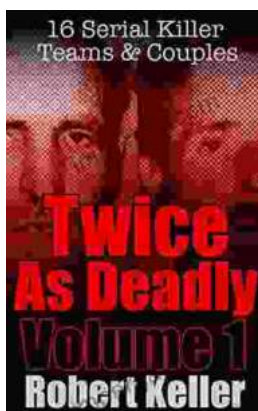
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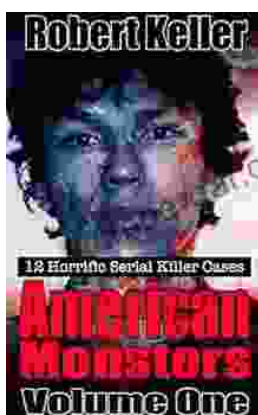


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